



“Experience shows UMSL students truly benefit from exposure to prosperous mentors and a broadened scope of possibilities. Interestingly, sometimes students just seek support of successful graduates to hear the message that overcoming hardships they face will pay dividends. Mentors benefit by the good feeling of giving something back and the reminder that their UMSL education has in fact proven invaluable toward their achievements. Enormous benefits for everyone involved with such modest effort.”

-David Adam, J.D., M.A.C.C.
UMSL Alumnus '81, '93, mentor

“My mentor taught me how to communicate effectively with other business professionals. He truly wanted me to succeed, and he opened many doors to my future.”

-Lindsay Jakul, UMSL Alumna '07,
former student participant



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- advisor • cheerleader • confidant •
- role model • teacher • counselor •
- leader • guide • supporter • tutor •
- advisor • cheerleader • confidant •



**UMSL Alumni Student Connection
Mentoring Program**

STUDENTS:
CONNECT with UMSL alumni
CONNECT with current leaders
CONNECT the pieces of your future career
 Make **CONNECTIONS**

ALUMNI:
CONNECT with UMSL students
CONNECT with future leaders
 Make **CONNECTIONS**

www.umslalumni.org/mentoring



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The UMSL Alumni Student Connection is a program that connects alumni and community leaders with current University of Missouri-St. Louis students in an effort to help students make informed decisions about their career paths. Participants will also make connections in their chosen career field, while strengthening alumni and student ties to the university.

While career contacts may be made through participation in the program, the Alumni Student Connection is not a job placement service. The program facilitates the exchange of information, development of professional contacts and sharing of experiences and interests.

Students will:

- ≈ Meet some of UMSL's most successful alumni & friends
- ≈ Gain valuable mentoring on school and career issues
- ≈ Have doors opened to new opportunities in their chosen career fields
- ≈ Gain a real-world perspective
- ≈ Experience practical application of their education

Mentors will:

- ≈ Make a difference in the life of a student
- ≈ Share their career experience with an enthusiastic student
- ≈ Utilize leadership skills
- ≈ Meet young people who are exposed to the latest research in their field



FREQUENTLY ASKED QUESTIONS

Who is eligible for the program?

All current UMSL students are eligible to participate, but students must register first with Career Services. All UMSL alumni and supporters of the university, including those outside of St. Louis, may participate as mentors.

When does the program begin?

Mentors and students will be recruited each year in the summer and early fall. Interested participants will be asked to sign up for the program via an online application. The Alumni Office will match students with mentors based on preferences and major or career similarities. Matches will be confirmed in September.

Mentors and students will have an opportunity to meet at a kick-off event on campus in early fall. The event will include an orientation session and a networking reception.

It will be the responsibility of the students to contact their mentor to set up their first meeting.

How much time does the program require?

Students and mentors will be expected to meet three times during the academic year. Meetings can last for one hour, or a student might shadow a mentor for an entire day. The preferred meeting method is face-to-face, but exceptions can be made if the mentor is located out of the St. Louis area.

What will mentors and students discuss?

Topics may include:

- ≈ Career and personal goals
- ≈ Talents and interests
- ≈ School and work experience
- ≈ Current trends in the profession
- ≈ Special skills needed
- ≈ Career planning
- ≈ Tips on resumes, job hunting, and networking
- ≈ Internships and employment possibilities

Check www.umslalumni.org/mentoring for program guide, helpful hints, conversation starters, and other helpful materials.

How do I sign up?

Apply online at www.umslalumni.org/mentoring. Or call the Alumni Office at (314) 516-5785, or e-mail alumni@umsl.edu, and an application can be mailed or e-mailed to you.